

Recycling Made Simple









5 Steps to setting up a successful recycling program

Step 1: Backyard or curbside

Step 2: Organics collection

Step 3: Getting in the habit

Step 4: Creating soil in backyard

Step 5: Gold for your garden

As an innovative environmental enthusiast, David Suzuki once said, "Our choices at all levels - individual, community, corporate and government—affect nature. And they affect us."



If everyone in the country recycled a newspaper a week, thirty-six million trees a year would be saved!



Instructions



BACKYARD OR CURBSIDE

Are you considering starting your own backyard compost?
Perhaps you have been informed your town/city will be implementing a curbside organics pick up program and you would like to participate. Either way, it is important to educate yourself on composting and why it is an important practice.

Composting helps divert millions of tons of waste from landfills every year. Not to mention if you are a gardener you can create rich soil for your gardens, which your plants will love...and so will your wallet.



ORGANICS COLLECTION

The collection process is the one with the most "ick" factor that many fear. This can deter many from even attempting to participate in a municipal curbside program. However, there is nothing to fear. If you are afraid of potential odors you can purchase kitchen compost collectors with vented lids, or charcoal filters. Filters will absorb the odors and keep them trapped until the filter is disposed. Typically filters will last 3 months until they need to be replaced.

If you are participating in a municipal program, please check as to which items are and are not acceptable in your compost. For backyard composting some great kitchen scraps to collect include: fruit/vegetable peels and scraps, tea bags, pasta, coffee grounds, stale bread and eggshells.

Check out the variety of kitchen composters on www.recyclingcontainer.com



GETTING IN THE HABIT

Making organics collection a part of your daily routine will ensure the success of your program. Keep your collection container in a place that is easily accessible and will remind you to dispose of the appropriate items. Many containers can fit nicely on your counter or easily hang on the inside of your cupboard door.



Instructions



CREATING SOIL IN YOUR BACKYARD

If you are planning to compost in your backyard, here are the tools you will require:

- Designated space in your yard to accommodate your compost
- •A composter, either homemade or purchased. If animals are going to be an issue, purchasing one that will help keep them out of your compost is a must.
- •Tool to mix compost around (pitchfork works well)

The ideal mix is 75% "brown" materials and 25% "green".

Brown materials include items such as: dry leaves and grass, straw/hay, wood chips, sawdust, napkins and shredded newspaper.

Green materials include items such as: coffee grounds, fruit & vegetables scraps/peels, green grass clippings and hair.

If your compost is getting too dry add more green materials or a little water.

Now wait and let nature take its course. You may turn your pile often to help speed up the process.



GOLD FOR YOUR GARDEN

The soil that you have created has many powerful traits. Soils that includes compost will create healthier plants. It won't guarantee the best vegetables, fruits or flowers but it will contribute to overcoming many deficiencies. So add some compost to your regular soil to help boost your garden's overall health. This is particularly helpful for those who are attempting to garden under tough soil and growing conditions.